

# Tarragon Essential Oil



## Product Details

**Botanical Name:** *Artemisia dracunculus*

**Country of Origin:** USA

**Extraction Process:** Steam Distilled

**Part of the Plant Used:** Herb



**Description:** Tarragon Essential Oil has a herbaceous, strong aroma. Tarragon is most commonly used as an herb for cooking. This strong herb has been used for many years and loved across the world for its distinct and pungent aroma. Tarragon Essential Oil has many benefits as well, from helping ease inflammation to killing off unwanted bacteria. Although by itself it is not usually put in a diffuser, in a blend Tarragon Essential Oil can give a strong, sweet note that can be beneficial to the body and mind.

**Common Uses & Benefits:** Tarragon has been traditionally used to help indigestion, constipation, muscular cramps, rheumatism, and swelling.

**Therapeutic Properties:** Anti-inflammatory, Antiviral, Diuretic, Ether, Stomachic.

**Directions:** Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

### Blends Well With:

Cardamom, Basil, Black Pepper, Juniper, Lavandin, Ho Wood.

Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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