

# Scotch Pine Essential Oil



## Product Details

**Botanical Name:** *Pinus Sylvestris*  
**Country of Origin:** Bulgaria  
**Extraction Process:** Steam Distilled  
**Part of the Plant Used:** Needles and Twigs



**Description:** Scotch Pine Essential Oil has a fresh, woody aroma. Scotch Pine Essential Oil comes from the Scots Pine tree, a coniferous tree native to northern Europe. The Scots Pine is well loved in Scotland, being their national tree. The Scots Pine tree has been grown for its sturdiness and ability to outlast disease, strong winds, and climate changes. This tree's needles and twigs are steam distilled to obtain the beloved Scotch Pine Essential Oil that we have today. Scotch Pine Essential Oil is used for many different therapeutic properties however, its most common use is to diffuse during the Holiday season for its Christmas Tree-like scent.

**Common Uses & Benefits:** Scotch Pine has been traditionally used to help rheumatism, muscular injury, fatigue, bronchial infections, and mental and nervous exhaustion.

**Therapeutic Properties:** Anti-infectious, Antimicrobial, Antiseptic, Decongestant, Expectorant, Monoterpene.

**Directions:** Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

### Blends Well With:

Grapefruit, Clary Sage, Oregano, Myrrh, Laurel Leaf.

**Cautions:** Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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