

Sage Essential Oil



Product Details

Botanical Name: *Salvia officinalis*

Country of Origin: Greece

Extraction Process: Steam Distilled

Part of the Plant Used: Leaves



Description: Sage Essential Oil has a warm, spicy aroma. Native to the Mediterranean area this herb was once thought of as a cure all. It was highly sought after and used not only for culinary benefits but also for medicinal uses. France even had it brewed into a tea and traded with many countries causing it to flourish in China. Sage was also burned to cleanse homes, and to rid negative energy. Sage Essential Oil is not only amazing to diffuse to cleanse, and purify the air, but is also wonderful to dilute properly and rub on sore muscles and joints.

Common Uses & Benefits: Sage has been traditionally used to help muscular aches and pain, headache, stomachache, sore throat and acne.

Therapeutic Properties: Anti-inflammatory, Antimicrobial, Antispasmodic, Astringent, Stomachic.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. We recommend a dilution no greater than 0.4%. Patch test before use in case of sensitivity.

Blends Well With:

Coriander, Petitgrain, Ylang Ylang, Sweet Orange, Lime, Lemon, Juniper.

Cautions: Possible skin sensitivity. Can be neurotoxic in large quantities. Keep out of reach of children. Do not use if pregnant or breastfeeding. If under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

Barefut Essential Oils is owned and operated by Certified Aromatherapists
www.Barefut.com