

Rosemary Essential Oil



Product Details

Botanical Name: *Rosmarinus officinalis*

Country of Origin: Spain

Extraction Process: Steam Distilled

Part of the Plant Used: Leaves



Description: Rosemary Essential Oil has a fresh, herbaceous aroma. Rosemary is native to the Mediterranean area. The use of the Rosemary herb dates back to 500 B.C., being used as a culinary and medicinal herb by the Greeks and Romans. The herb was also a sign of remembrance to those who have passed on in Ancient Greece. Now Rosemary Essential Oil is used in multiple ways around the world, being found in lotions, perfumes, soaps, and medicines. Rosemary Essential Oil is a great for boosting the immune system when properly diluted and applied to the skin.

Common Uses & Benefits: Rosemary has been traditionally used to help muscular aches and pains, arthritis, weakness, headache, acne, boils, and hair loss.

Therapeutic Properties: Analgesic, Antimicrobial, Decongestant, Monoterpene, Restorative, Stimulant, Stomachic.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. We recommend a dilution no greater than 4%. Patch test before use in case of sensitivity.

Blends Well With:

Black Pepper, Marjoram, Lavender, Lemon, Tea Tree, Clove

Cautions: Possible skin sensitivity. Keep out of reach of children. Do not apply to the face of infants or children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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