## Palmarosa Essential Oil

## **Product Details**

Botanical Name: Cymbopogon martinii Country of Origin: Nepal Extraction Process: Steam Distilled Part of the Plant Used: Herb





**Description:** Palmarosa Essential Oil has a green, rosy aroma. A perennial grass native to South Asia this plant has been widely cultivated for its rose-like aroma. Palmarosa has been used for many years to help with skin complexion, meditation, and even muscular pain. Also referred to as "poor man's rose" the essential oil of the Palmarosa herb is often found in perfumes, incense, and candles. When used in a diffuser this rose-like aromatic essential oil is perfect for creating an atmosphere of peace, tranquility, and cleanliness.

**Common Uses & Benefits:** Palmarosa has been traditionally used to help bacterial infections, boils, pimples, fungal infections, muscular aches and pains, stress, irritability, and restlessness.

**Therapeutic Properties:** Antibacterial, Antifungal, Digestive, Insect Deterrent, Monoterpenol, Vulnerary.

**Directions:** Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

## **Blends Well With:**

Geranium, Cajeput, Thyme, Marjoram, Scotch Pine, Dill Weed.

Cautions:Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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