

# Myrrh Essential Oil



## Product Details

**Botanical Name:** *Commiphora myrrha*

**Country of Origin:** Ethiopia

**Extraction Process:** Steam Distilled

**Part of the Plant Used:** Gum Resin



**Description:** Myrrh Essential Oil has a dry, resinous aroma. This oil is derived from the oleoresin gum of the Commiphora myrrha tree. It is native to northeast Africa and areas of Arabia. Myrrh resin and crude oil was used by ancient Egyptians for their embalming processes and medicinal uses. Loved for its meditative properties this resin was also burned as incense for many ritualistic purposes. Used highly for sacred burials Myrrh was found in pots placed in many tombs. Now Myrrh Essential Oil is perfect for diffusing and creating a wonderful, peaceful atmosphere.

**Common Uses & Benefits:** Myrrh has been traditionally used to help coughs, bronchitis, eczema, skin infections, gum disease, fungal nail infections, wounds, and insect bites.

**Therapeutic Properties:** Anti-inflammatory, Antifungal, Astringent, Carminative, Expectorant, Monoterpenes.

**Directions:** Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

### Blends Well With:

Frankincense, Geranium, Copaiba, Grapefruit, Juniper, Clary Sage, Bergamot.

**Cautions:** Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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