

Marjoram Essential Oil



Product Details

Botanical Name: *Origanum majorana*

Country of Origin: Hungary

Extraction Process: Steam Distilled

Part of the Plant Used: Leaves and Flowers



Description: Marjoram Essential Oil (Sweet Marjoram) has a sweet, herbaceous aroma. This sweet herb was used for centuries in Europe as a sign of youth and romantic love. Greeks would weave the Marjoram leaves into wreathes and they would be worn at weddings being referred to as "joy of the mountains." This herb was also used to brew beer before hops were discovered, and is still used as a flavoring in the drink hippocras. The essential oil of the Marjoram plant is highly sought after for its soothing effects. Many people have used Marjoram Essential Oil to help with muscle aches and pains, and even stress.

Common Uses & Benefits: Marjoram has been traditionally used to help muscular aches and pains, bruises, constipation, IBS, insomnia, stress, colic, bronchitis, rheumatism, and anxiety.

Therapeutic Properties: Analgesic, Antibacterial, Antispasmodic, Calmative, Digestive, Monoterpene, Monoterpenol, Nervine, Sedative.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

Blends Well With:

Carrot Seed, Coriander, Tea Tree, Lemongrass, Dill Weed, Sweet Orange.

Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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