

# Lime Essential Oil



## Product Details

**Botanical Name:** *Citrus aurantifolia*  
**Country of Origin:** Mexico  
**Extraction Process:** Steam Distilled  
**Part of the Plant Used:** Fruit Peel



**Description:** Lime Essential Oil has a sweet, green, citrusy aroma. Limes have been used for many years across the world for drinks, food, and cleaning agents. Lime Essential Oil is highly sought after for its amazing, energizing, and uplifting properties. This oil is perfect for diffusing in the morning to wake up feeling energized and awake.

**Common Uses & Benefits:** Lime has been traditionally used to help digestive problems, loss of appetite, detox, cellulite, heavy and sore legs, throat infections, tonsillitis, sore throats, bronchial conditions, influenza, lethargy, chronic fatigue, mental exhaustion, and intestinal parasites.

**Therapeutic Properties:** Anthelmintic, Antimicrobial, Antiseptic, Antiviral, Aperitif, Astringent, Bacterial, Cholagogue, Depurative, Digestive, Disinfectant, Febrifuge, Hemostatic, Monoterpenes, Restorative, Tonic.

**Directions:** Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

### Blends Well With:

Rosemary, Tangerine, Petitgrain, Lavender, Lemon, Lemon Eucalyptus.

**Cautions:** Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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