

Lemongrass Essential Oil



Product Details

Botanical Name: *Cymbopogon flexuosus*

Country of Origin: India

Extraction Process: Steam Distilled

Part of the Plant Used: Grass



Description: Lemongrass Essential Oil has a fresh, lemony aroma. Lemongrass Essential Oil has been used for centuries in culinary arts, medicinal platforms, and even in cosmetics. This strong aroma has also been put into candles, diffusers, and incense to deter insects, and purify the air.

Common Uses & Benefits: Lemongrass has been traditionally used to help muscular aches and pains, ligament and tendon injury, gastrointestinal disorders, indigestion, colitis, diuretic, detox, cellulite, fever, acne, pimples, and insect bites.

Therapeutic Properties: Analgesic, Anthelmintic, Anti-infectious, Antifungal, Antimicrobial, Antiseptic, Astringent, Depurative, Digestive, Diuretic, Febrifuge, Insect Deterrent, Tonic.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. We recommend a dilution no greater than 0.7%. Patch test before use in case of sensitivity.

Blends Well With:

Cedarwood Atlas, Cajeput, Spearmint, Lavender, Lemon, Frankincense.

Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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