

Laurel Leaf Essential Oil



Product Details

Botanical Name: *Laurus nobilis*
Country of Origin: Crete
Extraction Process: Steam Distilled
Part of the Plant Used: Leaves



Description: Laurel Leaf Essential Oil has a fresh, herbaceous, fruity aroma. Laurel Leaf can also be known as Bay Laurel. Laurel Leaf is native to the Mediterranean region of southern Europe, the Middle East, Western Asia, and North Africa. This beautiful plant was held in high regard by the Greeks. They wove the branches into head wreaths and were bestowed upon emperors, military generals, and poets. Now mostly grown for the pungent leaves, this plant is thriving in most parts of the world. Many people use Laurel Leaf Essential Oil to help with multiple ailments from respiratory congestion to arthritic pain.

Common Uses & Benefits: Laurel Leaf has been traditionally used to help influenza, rheumatism, muscular aches and pains, neuralgia, arthritis, circulatory conditions, candida, respiratory and bronchial infections, digestive problems, colds, skin rashes, spots, sores, dental infections, fungal foot conditions, nervousness, and fatigue.

Therapeutic Properties: Analgesic, Anti-infectious, Antibacterial, Antifungal, Antimicrobial, Antineuralgic, Antiviral, Circulatory Stimulant, Expectorant.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. We recommend a dilution no greater than 0.5%. Patch test before use in case of sensitivity.

Blends Well With:

Lemon, Juniper, Clary Sage, Rosemary, Frankincense, Cypress.

Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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