

Grapefruit Essential Oil



Product Details

Botanical Name: *Citrus paradisi*
Country of Origin: USA
Extraction Process: Cold Pressed
Part of the Plant Used: Peel



Description: Grapefruit Essential Oil has a tangy, tart aroma. This oil is often referred to as Pink Grapefruit Essential Oil, because it derives from the peel of the Pink Grapefruit. Grapefruit Essential Oil is used to diffuse in the home to detox, cleanse, and be lifted up by its wonderful aroma. Grapefruit Essential Oil is one of the most commonly used and diffused essential oils because of its tart, fruity, familiar aroma.

Common Uses & Benefits: Grapefruit has been traditionally used to help cellulitis, dull skin, toxin build-up, weight loss, cravings, and water retention.

Therapeutic Properties: Calmative, Detoxifier, Relaxant, Skin Restorative.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. We recommend a dilution no greater than 4%. Patch test before use in case of sensitivity.

Blends Well With:

Coriander, Petitgrain, Ylang Ylang, Sweet Orange, Lime, Lemon, Juniper.

Cautions: Possible skin sensitivity. Oil is phototoxic, stay out of direct sunlight for up to 12 hours after application. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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