

Ginger Essential Oil



Product Details

Botanical Name: *Zingiber officinale*
Country of Origin: China
Extraction Process: Steam Distilled
Part of the Plant Used: Root



Description: Ginger Essential Oil has a warm, zesty aroma. Commonly used in teas, tinctures, home remedies, foods, and even in some holistic medications, Ginger is one of the world's most used roots. Originating in Asia this plant was used in most culinary foods, and in medications. When introduced around the world Ginger quickly became a staple in most countries. Highly sought after for its unique taste and digestive abilities, this plant boomed with success, causing many aromatherapists to use it day to day.

Common Uses & Benefits: Ginger has been traditionally used to help aching muscles, inflammation, indigestion, arthritis, nausea, and poor circulation.

Therapeutic Properties: Analgesic, Anti-inflammatory, Calmative, Digestive, Warming.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. We recommend a dilution no greater than 1%. Patch test before use in case of sensitivity.

Blends Well With:

Petitgrain, Clove, Allspice, Bergamot, Sweet Orange, Cinnamon.

Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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