Eucalyptus Smithii Essential Oil

Description: Eucalyptus Smithii Essential Oil has a fresh, deep aroma. Known also as 'Gully Gum' Essential Oil, Eucalyptus Smithii Essential Oil is said to be one of the most calming of all the Eucalyptus species. This Essential Oil comes from the 'Gully Gum' trees that originate in Australia. These trees grow mainly in wetlands and usually are found on slopes where the water content of the soil is the highest. The Eucalyptus Smithii Essential Oil has been used for many years by native Australians, and even the South African people because of its soft therapeutic properties. This Essential Oil is great for the diffuser and to rub on at a safe dilution to support physical health and congestion.

Common Uses & Benefits: Eucalyptus Smithii Essential Oil has been traditionally used to help with colds, congestion, cough, flu, bacterial infections, viral infections, and bronchitis.

Therapeutic Properties: Antibacterial, Antiseptic, Antiviral, Expectorant.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

Blends Well With: Coriander, Clove, Allspice, Nutmeg, Cinnamon, Cardamom.

Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor’s care, consult your physician. These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.