

Cinnamon Bark Essential Oil



Product Details

Botanical Name: *Cinnamomum zeylanicum*

Country of Origin: Sri Lanka

Extraction Process: Steam Distilled

Part of the Plant Used: Bark



Description: Cinnamon Bark Essential Oil has a spicy, sweet, and deep aroma. This plant has been used and traded from as early as 2,000 B.C. A crude Cinnamon oil was even used by ancient Egyptians as an embalming perfume. When this plant became popular enough it was brought to Europe by Arab traders in limited supply selling for a lot of money, making it a status symbol in Europe in the Middle Ages. The cinnamon bark was ground down and crudely made an essential oil to be used in perfumes, however they did find beneficial ways to use it in aid of health. Cinnamon Bark essential oil is used now days in many things like perfumes, incense, soaps, and so on.

Common Uses & Benefits: Cinnamon Bark has been traditionally applied to help toenail fungus, acne, pain, cramps, bloating, leg spasms, and infections.

Therapeutic Properties: Aldehyde, Analgesic, Anti-inflammatory, Antibacterial, Antifungal, Antiseptic, Antispasmodic.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. We recommend a dilution no greater than 0.1%. Patch test before use in case of sensitivity.

Blends Well With:

Cypress, Clove, Copaiba, Sweet Orange, Spearmint, Rosemary, Patchouli.

Cautions: Possible skin sensitivity. Keep out of reach of children. Do not use if pregnant or breastfeeding. If under a doctor's care, consult your physician. These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

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