

Chamomile Roman Essential Oil



Product Details

Botanical Name: *Anthemis nobilis*

Country of Origin: USA

Extraction Process: Steam Distilled

Part of the Plant Used: Flower



Description: Chamomile Roman Essential Oil has a sweet, flowery, soft aroma. Historically Chamomile was used by doctors in America and Europe to ease pain, inflammation, allergies and swelling. It was added to medicines, ground up herbal tinctures, and even bath soaks. This oil is one of the most versatile of all oils. It can be used in so many different ways from diffusing, to being put into massage oils.

Common Uses & Benefits: Chamomile Roman has been traditionally applied to help muscular spasms and contractions, rheumatism, menstrual cramps, rashes, acne, eczema, psoriasis, skin irritation, inflammatory skin infections, sunburn, insect bites and stings, insomnia, anxiety, nervousness, depression, and stress-related conditions.

Therapeutic Properties: Analgesic, Anti-infectious, Anti-inflammatory, Antibacterial, Antineuralgic, Antispasmodic, Calmative, Cicatrisant, Immunostimulant, Nervine, Sedative, Vulnerary.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

Blends Well With:

Bergamot, Eucalyptus radiata, Fennel, Frankincense, Lavender, Lemon, Melissa, Nutmeg.

Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional. Please also note the difference between herbs, natural foods, and essential oils.

Barefut Essential Oils is owned and operated by Certified Aromatherapists
www.Barefut.com