**Balsam Fir Essential Oil**

**Product Details**

**Botanical Name:** Abies balsamea  
**Country of Origin:** Canada  
**Extraction Process:** Steam Distilled  
**Part of the Plant Used:** Needles and Twigs

**Description:** Balsam Fir Essential Oil has a deep, woodsy, earthy aroma. The Balsam Fir tree is a native evergreen located in the United States and Canada. It can withstand extremely cold climates and is able to keep its color and scent through all seasons. Its symmetrical spire-like crown, shining dark green color, and spicy fragrance have made it a Christmas favorite for many years. The branches are also found in holiday wreaths and other greenery. Balsam Fir essential oil is well loved and highly sought after during the holiday season to diffuse around the Christmas Tree and in the home to make a happy, warm, memorable atmosphere.

**Common Uses:** Balsam Fir has been traditionally applied to help skin conditions, rashes, wounds, pruritus, scabies, ring worm, bedsores, cuts, ulcers, hemorrhoids, coughs, bronchitis, head lice, dandruff, coughs, and respiratory conditions.

**Therapeutic Properties:** Anthelmintic, Antibacterial, Antifungal, Anti-inflammatory, Antiseptic, Antitussive, Balsamic, Calmative, Cicatrizing, Expectorant.

**Directions:** Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

**Blends Well With:** Scotch Pine, Lavender, Black Pepper, Cajeput, Tea Tree, and Niaouli.

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Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor’s care, consult your physician. These statements and products have not been evaluated by United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease. The information given is not intended as a substitute for advice from your physician or other health care professional.