

Balm Mint Bush Essential Oil



Product Details

Botanical Name: *Prostanthera melissifolia*

Country of Origin: Australia

Extraction Process: Steam Distilled

Part of the Plant Used: Leaves and Flowers



Description: Balm Mint Bush Essential Oil has a clean, refreshing, mint-like aroma with a slight eucalyptus note. This exotic essential oil has a vast array of health benefits. Being used for many years in Australia this bush was perfect for warding off insects, purifying the air, and even helping with the common cold when the flowers and leaves were ground down and boiled to make a soothing vapor. The Balm Mint Bush essential oil has been diffused and topically applied to help with cough, colds, and even flu like symptoms.

Common Uses: Balm Mint Bush has been traditionally applied to help headaches, anxiety, stress, cold, cough, flu, congestion, healthy skin, acne, dandruff, minor scrapes, and bug bites.

Therapeutic Properties: Respiratory Support, Expectorant, Decongestant, Calmative, Anti-fungal.

Directions: Recommended to properly blend in a carrier oil prior to topical applications. Patch test before use in case of sensitivity.

Blends Well With:

Cardamom, Basil, Rosalina, Spearmint, and Peppermint.

Cautions: Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician.

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